

Sandwich Ideas - 3 great fillings

To create the base of the filling, mix together 1 cup of shredded light mozzarella cheese and 1 cup of quark or cream cheese. Once mixed, divide into 3 same sized portions.



Club toast with basil / pine nuts

*Mix 1 portion of cheese
mixture with:*

- 1 tbsp olive oil
- 1 minced garlic clove
- 1 bundle of basil leaves finely
chopped
- 3 tbsp parmesan cheese
- Some roasted pine nuts
- Salt and pepper to taste

Club toast with curry and banana

*Mix 1 portion of cheese mixture
with:*

- 1 small, ripe banana
- 2 tsp gluten free curry
- Salt and pepper to taste

Club toast with turkey

*Mix 1 portion of cheese mixture
with:*

- 1 tbsp gluten free Dijon
mustard
- 1/2 tsp gluten free paprika
- 1/4 pound of finely sliced
turkey breast
- Salt and pepper to taste

These recipes can be made the day prior to your picnic. Keep in refrigerator.

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